

Recent Sports - September 2021

Southeast Asia Head Office  
Blk 231, Bain Street  
#03-05, Bras Basah Complex  
Singapore 180231  
Tel : +65-6883-2284/6883-2204  
Fax : +65-6883-2144  
info@marymartin.com  
www.marymartin.com

South Asia Head Office  
8/123, Third Street,  
Tatabad, Coimbatore 641012  
India  
Tel : +91-422-2499030/2495780  
Fax : +91-422-2495781  
info@marymartin.com  
www.marymartin.com

Learning and Teaching Aikido / Fred Phillips  
World Scientific Publishing Co. Pte Ltd., Singapore 2021  
160p.  
9789811230578  
\$ 24.00 / HB

You have trained in aikido for at least several months and wonder what's beyond the mechanics of basic technique. You ponder why we do what we do, and what principles underlie the techniques. You are looking for an edge to accelerate your learning and deepen your understanding. This book's "Especially for Students" section is for you.

The "Especially for Teachers" section offers tips for aikido instructors. It helps you articulate to your students some of aikido's more difficult ideas. The third section's longer chapters treat philosophical and strategic questions that are central to aikido practice.

Learning and Teaching Aikido shows beginning-to-intermediate aikido students how to approach their practice, explaining why we do what we do in aikido. This literate presentation for the thoughtful practitioner also advises aikido teachers on how to present difficult concepts to their classes. Drawings and photos make the explanations clear. Learning and Teaching Aikido is a needed supplement to the many books that explain aikido history and how to execute aikido techniques.

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Baseball in Occupied Japan : US Postwar Cultural Policy / Takeshi Tanikawa []

Kyoto : Kyoto University Press  
Tokyo : Trans Pacific Press 2021  
221p ; 23cm  
9784814003419  
\$ 64.00 / null

Baseball--Japan--History--1945-1952 Japan Management Policy

<https://www.marymartin.com/web?pid=778296>

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Karate : its history and practice / Koyama Masashi, Wada Koji, Kadekaru  
Toru translated by Alexander Bennett

Tokyo : Nippon budokan  
[] : ( ) 2021  
485 p ; 19 cm  
9784583114019  
\$ 30.00 / null

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